



WOUND CARE INSTRUCTIONS

For a biopsy with NO stitches:

- 1) Keep the area clean and dressing dry and in place for 24 hours.
- 2) After 24 hours you may shower normally.
- 3) Gently clean the area with soap or cleanser (Dove or Olay) and water once or twice a day. Pat dry and apply a pea sized amount of Aquaphor or Vaseline and cover with a bandaid.
- 4) Avoid Neosporin and Bacitracin.
- 5) Keep moist and covered until completely healed.
- 6) Please call our office if you do not receive notification of biopsy results within one week.

For a biopsy or excision WITH stitches:

- 1) Keep the area clean and the dressing dry and in place for 24 hours.
- 2) After 24 hours you may shower. Avoid submerging the area under water in swimming pool, whirlpool, lake, or ocean.
- 3) Gently clean the area with soap or cleanser (Dove or Olay) and water once or twice a day. Pat dry and apply a pea sized amount of Aquaphor or Vaseline then over with a bandaid.
- 4) Avoid Neosporin and Bacitracin.
- 5) Do not leave the area "open to air" as this will impede wound healing.
- 6) Take Acetaminophen (Tylenol) for any discomfort as per the package instructions.
- 7) Return for suture removal as instructed by your doctor.
- 8) Please call our office if you do not receive notification of biopsy or excision results within one week.

You should be contacted by our office with biopsy results within 1 week of your biopsy. If you have not received results in 1 week, please call our office for the results.

If you experience any of these signs, please call our office immediately at 781-304-8680.

**Fever/Chills
Increasing Tenderness
Increasing Redness
Increasing Warmth
Thick or foul smelling drainage
Increased discomfort or pain**



If bleeding occurs apply continuous pressure for 10 minutes. Call our office if bleeding persists.